

# KYLEAP

## Kentucky Law Enforcement Assistance Program



The Kentucky Community Crisis Response Board (KCCRB) would like to take a moment to introduce you to the Kentucky Law Enforcement Assistance Program (KYLEAP). KYLEAP provides the entire spectrum of services from pre-incident training, acute crisis response, and post incident support to law enforcement officers across the Commonwealth. KCCRB recruits, trains and credentials experienced law enforcement professionals to be peer members of the statewide KYLEAP team. The team receives training in providing multi-component critical incident stress management (CISM) interventions and suicide intervention and prevention training.

**Purpose:** To provide CISM services during the acute phase following a critical incident to prevent the destructive effects of emotional trauma, job related stress, and accelerate recovery from critical incidents before stress reactions negatively impact an officer's performance, career, health and family.

### Definitions:

- 1) **Critical Incident:** Any incident, action, or event, which has the potential for producing significant distress when one's usual coping mechanisms become overwhelmed.
- 2) **Critical Incident Stress Management (CISM):** A collection of recognized techniques used by both trained lay-personnel (peer) and professionals to provide care for individuals exposed to potential or actual traumatic incidents. It emphasizes both individual and facilitated small group discussions among impacted individuals.
- 3) **Critical Incident Support:** An adjunct to professional, medical, psychological, spiritual and other referral services. It does not replace the counseling and mental health benefits provided by agencies EAP resources or by employees' health plans. Critical Incident Support does not provide substance abuse or psychological counseling. It does provide first-responder support to those who have experienced a critical incident.

- 4) Critical Incident Peer Support: Available free to all law enforcement agencies in the Commonwealth following a critical incident.
- 5) KCCRB Law Enforcement Strike Team (KYLEAP): A group of law enforcement officers who have volunteered to participate in the KCCRB KYLEAP meeting all team membership criteria, are trained in and successfully demonstrate competency in critical incident stress management techniques.
- 6) KYLEAP Selection Committee: Committee consisting of law enforcement professionals and at least one mental health professional responsible for reviewing KYLEAP candidate applications and make recommendations to the KCCRB Executive Director for team membership.

#### KYLEAP Member Selection:

- 1) The KYLEAP selection committee will recommend suitable candidates for KCCRB KYLEAP to the KCCRB Executive Director.
- 2) The selection committee shall review each candidate's history, and consider the following specific criteria:
  - a. Three letters of recommendation (one from current supervisor).
  - b. Standing in their law enforcement agency
  - c. Exposure to critical incidents
  - d. Basic listening and empathy skills
  - e. Motivation for becoming a Team Member
  - f. Ability to Maintain confidentiality
  - g. Non-judgmental approach to personal behavior, lifestyles and personal problems
  - h. Ability to recognize common crisis indicators (e.g. depression, suicidality and substance abuse).
  - i. Willingness and availability to attend training sessions and quarterly team meetings
  - j. Patrol or equivalent field experience
  - k. Performance on personal interview

#### KYLEAP Team Member Qualifications

- 1) Minimum of 5 years' experience in law enforcement
- 2) In good standing with law enforcement agency
- 3) Available and willing to respond when requested
- 4) Any person who has received an adverse action, an unfavorable fitness for duty evaluation, notice(s) of performance problems/deficiencies, or an overall unsatisfactory performance rating shall not be eligible for consideration
- 5) Involvement in a critical incident
- 6) Letter of Support from agency leadership certifying the officer's ability to participate in training and response activities.

#### Training Requirements:

- 1) Team members shall complete the following trainings:
  - a. IS-700 Introduction to NIMS
  - b. ICS-100 Introduction to ICS
  - c. KYLEAP Orientation
  - d. Assisting Individuals in Crisis
  - e. Group Crisis Intervention
  - f. Suicide intervention and prevention training

#### Removal of Team members

- 1) A KCCRB KYLEAP member may be removed from the team by the KCCRB Executive Director in accordance with 106 KAR 5:030 KCCRT member disciplinary actions.  
(Appendix A)

#### Roles and responsibilities of team members

KYLEAP members are trained and credentialed to provide CISM peer support; attend quarterly team meetings; develop and maintain enhanced knowledge and skills in recognizing stress reactions to critical incident; functions under the supervision of the KYLEAP clinical director.

#### Roles and responsibilities of team leads

KYLEAP Leader supervises and guides the law enforcement strike team when on a team response. KYLEAP Leader is an approved Level 3 team member designated by the KCCRB Executive Director: Provides coordination of other law enforcement crisis response team members, completes and submits written reports noting the number of people team provided services to at the response; Completes the Post Action Team Support (PATS); Distributes mileage vouchers; Identifies who will do follow-up; Call KCCRB staff to report team has stood down, and provides a brief synopsis of what took place.

#### Role and responsibilities of KYLEAP Clinical Director

Provides clinical leadership, supervision, and consultation to KYLEAP members; provides or coordinates clinical assessment when needed;

#### Description of services provided by the KYLEAP

Pre-incident Education  
Demobilization (used in large scale events/disasters)  
Crisis Management Briefing (Large groups of primary responders)  
Defusings (used with small groups within 3-8 hours of incident)  
Critical Incident Stress Debriefing (group of primary responders)  
One-on-One Crisis Intervention (typically officer to officer)  
On-Scene Support  
Organizational Consultation  
Family and Significant Other Support  
Post Critical Incident Follow-up

## CONFIDENTIALITY:

KRE 506 Counselor-Client Privilege (a) A “counselor” includes: (f) An individual who provides crisis response services as a member of the community crisis response team or local community crisis response team pursuant to KRS 36.250 to 36.270

KYLEAP peer support program is designed to provide emotional support during and after times of professional and personal crisis to fellow law enforcement officers, by volunteers; consequently, there is a need to promote trust and ensure privacy.

Preserving confidentiality of persons using the services of peer supporters is critical.

Peer supporters must be able to convey trust and anonymity and assure confidentiality within the program guidelines to all personnel. However, KYLEAP members are affected by legal mandates, and state-imposed limitations and regulations and are required to comply with KCCRT Member Confidentiality/Duty to Warn Policy and Procedure (appendix b)